



Body Building Vocabulary!



Instructors: Don't forget to make an Achievry account for each student! [Make your account for the Achievry in English](#) or [Make your Account for the Achievry in Spanish](#).

Objective: By the end of this lesson, your students should have some familiarity with common terminology for parts of the human body.

Grade Span: OSY

Subjects: ESL, Body Vocabulary

Why study this? Body vocabulary can allow students to communicate their needs in a variety of situations and understand others. For example, knowing the word “head” helps them to ask for a headache remedy. Understanding the word “arm” allows them to request help when lifting something heavy.

Learning body vocabulary can also help students understand and follow safety instructions, and medical instructions, and describe their physical sensations and conditions. Sure, your students can communicate a lot by pointing to a body part and grimacing, but they’ll feel a lot more confident about getting the proper diagnosis and treatment if they can speak to the doctor or nurse.

Body vocabulary is also a fundamental building block for more advanced language skills. Ex. Understanding and using idioms and expressions involving body parts, such as “having cold feet,” “give me a hand,” or “being all ears.”

Tip: OSY students often benefit from being offered reading, writing, listening, and speaking challenges, and work at the equivalent of the last grade level they were in. They may have surpassed this level since then, but it’s a good place to start.

Lesson Intro: Watch This!

Start the discussion of body parts and expand students vocabulary with a fun [read-aloud of *Los Zombis No Comen Verduras!*](#) by Megan y Jorge Lacera, at the Student Portal Resource [Storyline Online](#). At the end of your lesson watch [the English version, *Zombies Don’t Eat Veggies!*](#) Have students see if they can recognize any of the body vocabulary words you’ve practiced in the text or illustration of the foods Mo’s family is enjoying. Ex. arm-panadas and



finger foods. Don't forget to explain the meaning of figurative language: His fingers flew across the page, Mo's heart sank to his toes, etc.

Lesson:

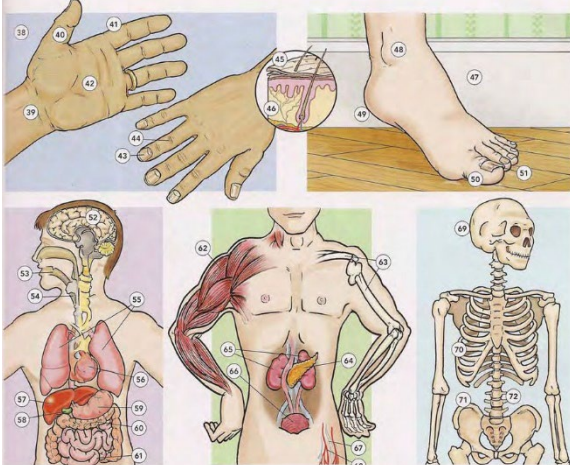
Begin with the "Inside the Human Body" lesson from [Ingles en Minutos! Book 2](#).

Expand on it:

Incorporate reading, writing, listening, and speaking practice with some of the suggested activities and ideas from this list at [Parts of the Body ESL Activities, Games, Worksheets & Lesson Plans](#). Such as the Concentration ESL Memory Game, 'Matamoscas' Fly Swatter Vocabulary Game, A to Z Alphabet Game, Word Challenge Whiteboard Race, Chain Spelling Body Parts Game, Dialogue Substitution, and more.

Play [Body Parts Bingo](#) Printable Cards: Parts of the Body Bingo Vocabulary List: eye, ear, lips, tooth, teeth, foot, feet, face, head, knee, elbow, wrist, leg, arm, back, hair, ankle, toes, finger, thumb, shoulder, leg, hand, tongue, heel.

Covered the basics? Have students explore the [Body](#) section



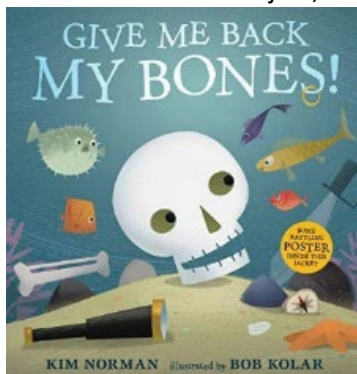
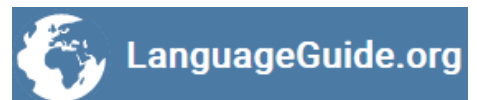
from Langeek. Here students will find 19 lessons covering 690 body-related words.

They can practice listening and speaking skills as they interact with the [Language Tools Picture Dictionary](#) Body Pages [One](#) and [Two](#).

Have students build their pronunciation skills with the Body section of the Student Portal Resource

[LanguageGuide.org](#). This is a sound-integrated guide. Touch or place the cursor over an object, word, or phrase to hear it pronounced

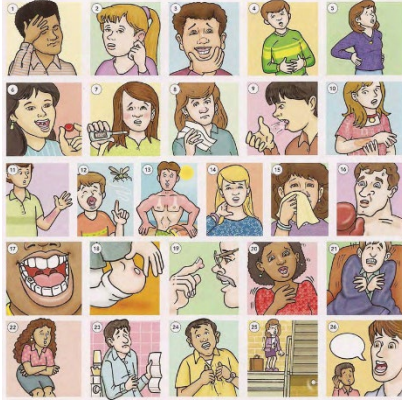
aloud.



Keep it going! Build on this lesson with additional resources, such as:

Practice all the names of the bones by watching a read-aloud of [Give Me Back My Bones!](#) Make no *bones* about it: this rollicking *read-aloud* will have students learning anatomy without even realizing it.

Continue with [Ingles en Minutos Book Two: Lessons](#) Going to the Doctor, Doctor Visit Vocabulary, and How People Look.



Have students go through the [Ailments, Symptoms, and Injuries 1](#), [Ailments, Symptoms, and Injuries 2](#), [First Aid Medical Emergencies and Illnesses](#), [Medical Exam](#), [Medical and Dental Procedures](#), [Medical Advice](#), [Medicine](#), [Medical Specialists](#), and [Hospital](#) interactive Picture Dictionary pages from Language Tools. They may also want to explore [Personal Hygiene 1](#) and [Personal Hygiene 2](#).

Incorporate [5 Fun and Educational Health-Themed Activities for Adult ESL Classes](#)

Go through the Achievery Lesson: [Media and Body Image](#) (Gr 9-12) created by Media

Smarts. Students take a good look at how media may influence us to achieve certain looks and how the ideal body is different around the world and has changed over time.

Watch [Parts of the Body in English](#) 80+ Basic Body Vocabulary from Shaw English.

Explore the Achievery's [Body Systems and the Role of an Athletic Trainer](#). Learn how subsystems of the human body contribute to an athlete's performance.

